

The Law of Gravitation is the most important law to deal with when it comes to safety when working at heights. This may seem obvious but falls and falling objects are two of the most common causes of injury in Norwegian industry. This course ensures that people who are working at heights have documented training in this area. It also enables the people accountable to follow the rules and regulations required.



Content

- Use of scaffolding, ladders and stepladders
- Risk evaluation and the use of Job Safety Analysis
- Use of rope and harness
- Requirements and hazards when using lift and crane
- Falling objects
- Safeguarding tools
- Use of barriers



Course details

Type: e-learning

Target audience: Anyone involved with working at heights

Language: Norwegian and English

Duration: Ca. 30 minutes

Contact

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Objectives

Create sound attitudes and increase the awareness of the dangers that can arise when working at heights. Reduce the number of events related to falls and falling objects. Improve the conditions necessary to create a safe working environment.